

## Men & Women Adult league

1. All adult leagues will abide by NFHS rules with exception to the following:
  - No 3 in the key is to be called.
  - Team fouls will be kept however not individual therefore no foul outs unless a player(s) is being too rough (non basketball plays). This will be at the referees discretion.
  - Free throw shots will be taken only when fouled in the act of shooting. 2 shots will be awarded, no 1 and 1's.
  - 10 team fouls will result in that team being in the bonus at which point a foul that occurs after will result in 2 free throws given to the opposing team regardless if in the act of shooting.
  - All team fouls clear at half time.
  - All teams must follow dress code (wearing their team colors) so as not to confuse with other players. This will be at the leagues discretion to determine whether or not this rule is being followed.
  - There will be (4), 10 minute quarters in a game with a rolling clock for the duration with exception to the last minute of half or game at which point the clock will stop on dead balls.
  - Clock will roll regardless when a team has a 15 point or more lead.
  - 5 minute half time
  - Teams can sub at any time during game IE dead balls, free throws, etc....
  - Absolutely no aggressive behavior towards opposing teams and officials IE, cursing, fighting and or excessive taunting of any kind, any and all infractions will result in an automatic 1 game suspension and depending on severity of infection, may result in removal from league play. This will be determined by league officials.